

HOW TO COMPLETE YOUR REQUIRED VACCINATIONS

Certain vaccinations are required by the USCIS for immigrants. The USCIS will not accept a Form I-693 unless vaccination requirements are met. USCIS requires that the vaccines be documented with a date, vaccine name, and signature or official stamp. No other forms of documentation can be accepted.

The table below lists vaccine requirements by age (subject to change)

Age 0-1 months: Hepatitis B

Age 2-5 months: Hepatitis B, DTaP, IPV, HIB, Prevnar-13, Rotavirus Age 6-11 months: Hepatitis B, DTaP, IPV, HIB, Prevnar-13, Influenza

Age 12-59 months: Hepatitis A, Hepatitis B, DTaP, IPV, HIB, Prevnar-13, Influenza, MMR,

Varicella

Age 5-6 years: Hepatitis A, Hepatitis B, DTaP, IPV, Influenza, MMR, Varicella

Age 7-10 years: Hepatitis A, Hepatitis B, TdaP, IPV, Influenza, MMR, Varicella

Age 11-18 years: Hepatitis A, Hepatitis B, TdaP, IPV, Influenza, Meningococcal ACWY,

MMR, Varicella (Note: don't receive MMR or Varicella vaccines if you are pregnant)

Age 19-59 years: Hepatitis B, TdaP, IPV, Influenza, MMR, Varicella (Note: don't receive

MMR or Varicella vaccines if you are pregnant)

Age 60-64: TdaP, IPV, Influenza, MMR, Varicella

Age 65 years or more: TdaP, IPV, Influenza, MMR, Varicella, Pneumococcal

Vaccines are covered by insurance for many people and can be administered by their personal physician. For uninsured adults over 18 years of age, Washington State Adult Vaccination Program may provide vaccination free of charge. For uninsured children less than 19 years old, the Washington State Childhood Vaccination Program is a good resource. Mt. Spokane Pediatrics (https://mtspokanepediatrics.com/) provides vaccines on a walk-in basis.

I work with Consistent Care Services at 1235 N Post Street, Suite 201, Spokane WA 99201 to provide immigration vaccines. Their website is www.consistentcare.org Call for

an appointment at 509-957-8639. They accept insurance and cash payment and participate in the Washington State Adult Vaccination Program.

The required vaccines can also be purchased through most pharmacies. Patients can receive significant discounts by visiting the website <u>goodrx.com</u>. Enter the brand name* of the vaccine and you will be shown pharmacies that provide the discounts and the prices they charge.

*US brand names for vaccines:

COVID-19=Novavax, Comirnty, Spikevax
DTaP=Daptacel, Infanrix
HIB=ActHIB, Hiberix, PedvaxHIB
Hepatitis A=Havrix, Vaqta
Hepatitis B=Energix-B, Recombivax HB, Heplisav-B
Influenza=Afluria, Fluarix, Flublok, Fluzone, and others
Measles, Mumps, and Rubella or MMR=M-M-R II
Meningococcal ACWY: Menactra, Menveo
Pneumococcal=Pneumovax, Prevnar-13, Prevnar-20
Polio=IPOL
Rotavirus=RotaTeq, RotaRix
TDaP=Adacel, Boostrix
Varicella=Varivax

I can order a blood test for the following: TDaP, MMR, Varicella, Hepatitis A and Hepatitis B. If the test shows immunity, it fulfills the requirement for that vaccine. If it does not show immunity to all the diseases in the vaccine, the vaccine is required. Blood tests do not fulfill the requirement for polio, pneumonia, HIB, influenza, or rotavirus.

Thank you for your efforts in meeting these requirements.

Sincerely,

Jared Nelson, M.D. Civil Surgeon